

2006 adidas Golden West Invitational Entry Standards

A Standard: Guaranteed entry into the evening portion of the meet; includes GWI Defending Champions.

B Standard: Guaranteed entry into the meet.

Notes:

- 100m, 200m, 400m, 110H, 100H, marks are based on fully automatic timing (FAT). Marks submitted that are not FAT timed will not be accepted. Also, no wind aided marks will be accepted.
- All marks are subject to verification.

| EVENT | BOYS STANDARDS | | GIRLS STANDARDS | |
|---------------|----------------|---------|-----------------|---------|
| | A | B | A | B |
| 100m | 10.52 | 10.97 | 11.75 | 12.21 |
| 200m | 21.25 | 22.01 | 24.00 | 25.15 |
| 400m | 47.25 | 49.99 | 54.50 | 58.00 |
| 800m | 1:52:00 | 1:58.00 | 2:11.00 | 2:18.00 |
| Freshman Mile | 4:45 | | | |
| Mile (1600m) | 4:15 | 4:25 | 4:59.9 | 5:10 |
| 3200m | 9:20 | 9:40 | 10:45 | 11:15 |
| 110m/100m H | 14.00 | 15.00 | 14.10 | 15.37 |
| 300mH | 37.30 | 39.16 | 43.00 | 46.42 |
| High Jump | 7-00 | 6-06 | 5-9 | 5-04 |
| Pole Vault | 16-00 | 14-08 | 12-06 | 11-00 |
| Long Jump | 24-00 | 22-02 | 19-05 | 17-09 |
| Triple Jump | 49-00 | 44-11 | 39-11 | 36-03 |
| Shot Put | 62-00 | 54-00 | 45-00 | 40-05 |
| Discus | 188-00 | 155-00 | 150-00 | 131-09 |
| Hammer | 175-00 | 175-00 | 135-00 | 135-00 |
| Javelin | 180-00 | 180-00 | 130-00 | 130-00 |